Retirement Report

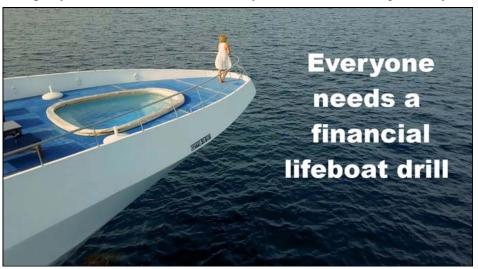
508.481.2299 First Quarter 2020 www.polarisadv.com

Financial Lifeboat Drill For Mustering In Emergencies

ut yourself through this brief lifeboat drill, to prepare for things suddenly going wrong. Everything may be fine right now, in the eleventh year of the economic expansion. That's a sensible time to test your ability to muster the resources to respond to a range of emergency scenarios.

plan to survive a terrible storm.

3. Family risk. Will your children be able to afford college, will your spouse be able to maintain your family's current lifestyle, and will your other loved ones have the financial wherewithal to carry on if you die? Insurance — specifically



- 1. Cash. In case you lose your job, lose your health, or are befallen by life's myriad of mishaps, can you pay the bills for at least six months?
- 2. Investment policy. If the stock market were to fall by 40% over the next year or two, are you ready to ride out the storm — even if it takes a decade to come back? That's approximately what happened in the global financial crisis of 2008. Although this is not in the forecast, a written investment policy statement can eliminate any ambiguity about your investment risk preferences and

no-frills term insurance — is meant to manage the worst of all risks families face.

4. Beneficiary designations. Life changes families. Divorce, death, health, and family financial dynamics change over time, making it necessary to reexamine beneficiaries listed on your retirement and other accounts.

5. Retirement income plan.

Retirement income planning is being transformed by U.S. demographic

(Continued on page 4)

Protecting Our Home And Retirement Plan

s we prepare our first quarter newsletter, it's interesting how many of the articles were written before the coronavirus event. We chose our front-page article because of its relevance to what's happened since the crisis began.

Planning ahead for down periods in the investment markets is crucial. It's little different than maintaining casualty insurance on our homes. Sure, it's expensive, but necessary. We can't buy casualty insurance for wind and water when the hurricane is already steaming up the coast. Insurance needs to be in place before the calamity strikes, and so it is with investments.

In our portfolios, the "insurance" is our government and/or Treasury bond funds and the cash we have on hand. To withstand periods when stock markets are not functioning, we need to be able to carry on for a time without them. Bonds and cash allow us to do that because they either hold or, in some cases, rise in value when times get tough. Unfortunately, other investors, not limited to individuals but sadly including many institutions and speculators, have chosen to go without this "insurance." To meet calls for cash today, they're forced to liquidate what they have—their stocks. And thus, we see the consequences: Declining stock markets with few buyers.

For most of us, our homes and retirement portfolios are our two biggest assets. Both need to be protected so we can't be forced to sell at a bad time like this.

Stay Healthy and Well,

Ric and Trans

Boomers Working Past Age 65 Are A Surprise Boost

mericans over age 65 are staying in the labor force more often than expected, brightening the U.S. economic forecast and the outlook for U.S. stocks.

Turns out, the offspring of The Greatest Generation, those who served in World War II, deserve some respect, too. Baby boomers are characterized by a strong work ethic, and they are electing to work longer than government experts expected. Boomers are a key reason the economy continues to grow even as the labor market has tightened.

The Congressional Budget Office's long-term growth forecast did not count on so many boomers working

past age 65. With new jobs continuing to be filled by a larger than expected number of workers in the 65plus age group, U.S. GDP (gross domestic product) is benefitting from an unexpected boost, and it's no small thing.

Labor force growth is a key fundamental in math economics: total growth of the U.S. economy is the

product of the labor force growth rate and productivity growth. The unexpected addition of workers in the labor force improves forecasts for economic growth in the years ahead.

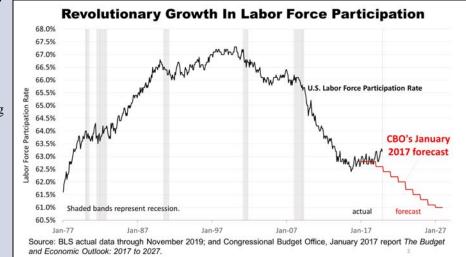
Historically, the economy is unable to continue to create new jobs because we run out of people to fill them. Newly-created positions drive wages higher, increasing inflation, and then the Federal Reserve makes a monetary policy mistake, which results in two consecutive quarters of shrinkage in economic activity, aka, a recession. But these times are different.

This chart captures a snapshot of Americans choosing to continue working past age 65 more often than

expected by forecasters. The Congressional Budget Office, a federal agency widely recognized as an authoritative non-partisan source, in January 2017 forecasted a decline in the labor force along the lines in red. The stair-step decline in the labor force that the CBO expected is not happening! The labor force participation rate has continued to grow since 2017, when it was expected to flatten and start a long decline, and no one is certain how long the trend will continue.

The labor force participation rate is reflecting the improved longevity of Americans, which the CBO economists did not figure on in their estimates of the

> future. If the trend since 2017 were to continue, the U.S. labor force could contribute a totally unexpected boost of growth in consumer spending in the years ahead, and consumers account for 70% of GDP. Higher consumer spending boosts earnings of corporate America and that's good for stocks.



Exceptions To The New Rule On Inherited IRAs

et another new tax reform law went into effect in 2020 under the SECURE Act. In addition to ultrahigh-net-worth individuals, the many millions of mass affluent Americans are likely to be impacted by the 470page SECURE Act's retirement income tax provisions. The RMDs after Death

SECURE Act is a sweeping and substantive effort to make retirement income tax more sensible, a rare legislative action to win bipartisan support in Congress and the president's signature.

The new rules force heirs to withdraw everything from an inherited IRA over 10 years. Requiring heirs to deplete an

inherited IRA over 10 years is a tax hike. Your IRA beneficiaries are no longer allowed to stretch out withdrawals over their expected lifespan.

Forcing heirs to pay tax on required

Exceptions from the 10-year Rule for certain beneficiaries ("eligible designated beneficiary")

- Surviving Spouse
- · The employee's Children under the age of majority (not grandchildren or any other children)
- Disabled
- · Chronically ill
- · Individual not more than ten years younger than employee



§§ 401(a)(2)(E)(ii)

distributions from an IRA over 10 years may result in your heirs paying additional income taxes annually during the 10-year withdrawal period. However, there are exceptions to the new 10-year rule for

certain beneficiaries.

Spouses. Spouses can inherit your IRA with zero tax impact. A spouse who inherits an IRA is required to make withdrawals based on their actuarial life expectancy, which can be found in a table published by the IRS. Starting in 2020, a spouse who inherits an IRA may defer taking required minimum distributions (RMDs) until age 72 — not age 70½, as under the old law. An extra

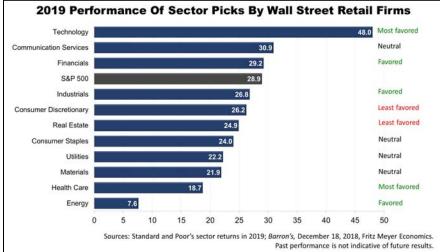
Study: Wall Street's Tactical Methodology Isn't Working

all Street firms spend a great deal of time and money trying to forecast relative performance of stock sectors, styles, markets and asset classes, and on convincing investors to buy their advice. However, a comprehensive new study indicates Wall Street's tactical approach is unwise.

In mid-December every year, *Barron's*, a financial magazine, publishes a cover story featuring 10 top Wall Street

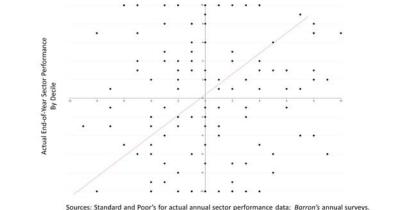
strategists' picks for the best sectors to buy and avoid in the year ahead. In December 2018, the 10 strategists' picks and pans published in *Barron's* are shown in the corresponding table. How did their predictions turn out?

The blue bars show the performance of the 11 S&P industry sectors and on the right indicate the consensus



predictions of strategists surveyed in *Barron's* December 18th, 2018 cover





Deferring taxes for 18 months, when your IRA is hitting its peak value, lengthens the period of tax-free compounding just when a pre-retiree needs it. The stock market averaged a 3.9% quarterly return in the six quarters ended December 31st, 2019, despite a -13.5% in the fourth quarter of 2019, and no one can predict stock returns.

18 months of tax deferral is significant.

Minor Children of an Employee. Minor children of an employee who inherit a federally qualified retirement account, such as a 401(k), are exempt from the 10-year distribution rule. As long as the parent was an employee with a company's 401(k) plan, the child is not required to make distributions over 10 years.

Disabled. Disabled individuals who inherit an IRA are not subject to the 10-year required minimum distributions

(RMDs) rule. Thus, they are eligible to take required minimum distributions based on more favorable terms.

Chronically III. Those suffering from a chronic illness are exempt from the 10-year rule.

Not 10 Years Younger. If an heir is not more than 10 years younger than the owner of the federally qualified plan account, the 10-year distributions rule will not apply.

The new RMD rules in the SECURE Act affect a hodgepodge of situations, reflecting Congress's effort to make tax laws more compassionate and sensible. The specific situations are just one aspect of the SECURE Act's wide-ranging effects. If you're among the exceptions to the 10-year rule, please contact us with your questions. •

story. The sector most favored in December 2018 was Technology, and Wall Street correctly predicted tech would outperform in 2019. But apart from that big win, their picks were off, some disastrously.

For instance, Health Care was

as popular a pick as Technology, and it badly lagged the S&P 500. The two

industry sectors that Wall Street recommended underweighting — Consumer Discretionary and Real Estate — ended the year up more than 26%, only slightly underperforming the S&P 500 index.

The predictions for 2019 were actually fairly good

relative to Wall Street's long-term track record.

This scattergraph shows the history of the Wall Street strategist sector performance based on their predictions published *Barron's* for the past 13 years. If Wall Street strategist predictions had been correct, the black dots would all fall along the red line, or cluster around it. The randomness of the picks show that Wall Street's predictions of the best sectors are not working.

This data was compiled by economist Fritz Meyer, an investment strategist at a Wall Street retail giant for over a decade before going independent in 2009, whose research we license. •

Three Major Investing & Tax Planning Trends For 2020

o one can predict the future of markets, but spotting major new trends in personal financial planning is quite doable. Here are three important new trends to consider in managing your wealth in 2020.

Delaying Distributions Until Age

72. Postponing required minimum distributions (RMDs) 18 months is a new thing you want to consider. The SECURE Act, which was signed on December 20th, 2019, delays RMDs on IRAs and other federally qualified retirement accounts from age 70½ to 72. This small change can amount to

big bucks because your IRA can compound without being taxed for an extra 18 months. Deferring taxes 18 months on a large IRA is a no brainer, if you can afford it. This step in your retirement income plan should be part of your overall strategy to outlive your money and create a legacy for your family.

New Retirement

Income Planning Choices. The Setting Every Community Up for Retirement Enhancement Act of 2019 will enable more lifetime income annuities to secure retirement. This will be good generally, but there is one huge caveat: annuities can be expensive. Lifetime income backed by an insurance company's creditworthiness makes for a great sales pitch but are best advised on by a professional who places your best interest above all else, including their sales commissions.

2% U.S. Growth & Low Rates. The latest indication of what to expect

Economic Projections Of Federal Reserve Board

on interest rates and economic growth came on December 17th, 2019, in an interview with Robert S. Kaplan, President and Chief Executive Officer, Federal Reserve Bank of Dallas. "We expect, again, 2%-plus growth, 2% growth for next year, unemployment rate around 3½%.," Mr. Kaplan told the Council on Foreign Relations. "We'll have some firming in inflation gradually toward 2%. And I think with that profile, I think the right—at 1 1/2-1 3/4 fed funds rate. I think the right thing for us to do is stay right where we are unless something changes materially on the upside or the

> downside." In addition, on December 11th, the Federal Reserve released its latest expectations for growth, inflation, and unemployment for 2020, which are highlighted in the chart.

Strategic tax and financial planning can boost an individual's retirement fund year after year but requires personal attention from a qualified professional.

Variable Variable	Median ¹					Range ³				
	2019	2020	2021	2022	Longer run	2019	2020	2021	2022	Longer
Change in real GDP	2.2	2.0	1.9	1.8	1.9	2.1-2.3	1.8-2.3	1.7-2.2	1.5-2.2	
September projection	2.2	2.0	1.9	1.8	1.9	2.1-2.4	1.7-2.3	1.7-2.1	1.6-2.1	
Unemployment rate	3.6	3.5	3.6	3.7	4.1	3.5-3.6	3.3-3.8	3.3-4.0	3.3-4.1	
September projection	3.7	3.7	3.8	3.9	4.2	3.5-3.8	3.3-4.0	3.3-4.1	3.3-4.2	
PCE inflation	1.5	1.9	2.0	2.0	2.0	1.4-1.7	1.7 - 2.1 $1.7 - 2.1$	1.8-2.3	1.8-2.2	2.0
September projection	1.5	1.9	2.0	2.0	2.0	1.4-1.7		1.8-2.3	1.8-2.2	2.0
Core PCE inflation ⁴ September projection	1.6 1.8	1.9 1.9	2.0 2.0	2.0 2.0		1.6-1.8 1.6-1.8	$1.7-2.1 \\ 1.7-2.1$	1.8-2.3 1.8-2.3	1.8-2.2 1.8-2.2	

Source: Federal Reserve release December 11, 2019.

Financial Lifeboat Drill

(Continued from page 1)

trends and changes to the U.S. Tax

Code. A retirement income plan done before the 2018 tax law changes, or that is not in tune with the demographic trends affecting income investing, should be updated.

6. Medical proxy. If you are unable to make your own medical decisions, give the power to make medical decisions for you to someone you trust.

7. Final details. Specify preferences about your

funeral, and leave a list of all your accounts, assets, loans, important legal documents and advisors delegated to carry out your final



instructions. Include how you want certain personal possessions and family heirlooms treated. If you have social media accounts, you can

> let someone know what to do, or there are apps that write or make recordings of final thoughts for loved ones.

A financial lifeboat drill is a pithy concept, belying its seriousness, and it requires answering hard questions about your personal financial, tax, and family situation. It would be a privilege to help. •